

Nutrition I.Q. Portfolio Assessment

Item	Possible Points	My Rating	Peer Rating	Teacher Rating
Portfolio Cover	10	_____	_____	_____
Table of Contents	20	_____	_____	_____
Article Reviews (3)	30	_____	_____	_____
BMI/Diet Quizzes	20	_____	_____	_____
Food Analysis (20)	20	_____	_____	_____
5-Day Nutrition Plan	80	_____	_____	_____
Evaluation/ Reflection	20	_____	_____	_____
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TOTAL POINTS	200	_____	_____	_____

Parent Comments (Optional) _____
